

The Construction of the Teaching System of Baseball Courses in Colleges and Universities

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Abstract: Based on the investigation and analysis of the current situation of the reform of baseball sports curriculum in Chinese colleges and universities, the study found that the reform ideas of colleges and universities are gradually clear, the curriculum evaluation is becoming more formalized, and the curriculum is increasingly rationalized. However, there are still many shortcomings in the reform of baseball sports curriculum. For example, baseball sports courses do not form a complete education system, and there is no unity between curriculum structure, content, methods and evaluation. The reform of baseball sports curriculum is a complex and comprehensive project, so all departments need to cooperate with each other. In this paper, the main factors affecting the reform of baseball sports curriculum are analyzed for the reasons of many problems, and the method of reform is proposed accordingly.

1. Introduction

For many learners, in the process of baseball training, you can get the exercise of speed, strength and strategy. At the same time, baseball itself belongs to a sport with both beauty and speed, which has a very strong appreciation value. However, due to the rise of baseball and the development of foreign countries, under the influence of the utilitarian view of teaching, baseball is developing and has been severely restricted in the process of teaching. Baseball is now mostly elective courses, and the quality of teaching is not high. This aspect is because baseball lacks a corresponding atmosphere in the teaching process [1]. On the other hand, baseball teaching is limited and teaching innovation is insufficient. In this regard, we must strengthen the innovation of baseball teaching to comprehensively improve the quality of baseball teaching.

2. Problems in the teaching of baseball in colleges and universities

2.1 The level of baseball teaching is low.

The overall teaching level of Chinese baseball is low. The main reasons are [1]: First, there is a lack of atmosphere in baseball teaching. Although many colleges and universities offer elective courses in baseball, the familiarity of students with baseball determines their participation. In Chinese colleges and universities, baseball is still a niche sport. Baseball teaching lacks a strong teaching atmosphere, which directly affects the quality of baseball teaching, let alone teaching innovation. Secondly, the level of teachers in Chinese baseball is uneven, especially the lack of professional full-time baseball full-time teachers. Many physical education teachers are not professional baseball players. The understanding of baseball is also based on online or live broadcasts. There are still fewer physical education teachers learning baseball.

In addition, baseball professional, baseball professional teaching work, etc. are carried out later in China, and the society does not recognize this profession, which directly affects the graduation rate and school attendance rate of full-time teachers in baseball. Finally, baseball lacks a scientific teaching system. Baseball is gradually developed as an elective course in college physical education courses. However, due to the lack of a sound and complete teaching system, the quality of baseball teaching is difficult to protect [1].

2.2 Baseball teaching materials are single.

In the teaching of baseball, scientific textbooks and perfect textbooks are important foundations for improving the quality of baseball teaching. However, at this stage of baseball teaching, there is no scientific teaching material system, and there is no perfect formal textbook, which directly affects the quality of baseball teaching. Although many colleges and universities have their own teaching materials in the teaching of baseball, the teaching materials are relatively simple, and the teaching materials lack clear guidance, and the practical significance is not great [2]. At this stage, many theoretical textbooks on baseball are more and more conceptual, and the content itself lacks certain guidance and lacks corresponding scientific value.

2.3 Baseball teaching equipment is behind.

Baseball is a sport that combines skill, fashion and sports. In the process of baseball, it is necessary to provide perfect teaching equipment and teaching conditions according to the actual needs of baseball. Only in this way can we comprehensively Improve the quality of teaching in baseball. However, in the current teaching process of baseball, the teaching equipment is relatively backward, the school has less investment in teaching equipment, and the school's own teaching equipment is relatively outdated. Even many colleges and universities do not have professional baseball teaching equipment and equipment. To a large extent, it will affect the teaching effect and teaching quality of baseball, and also restrict the teaching innovation of baseball. The popularity and promotion of baseball is mainly concentrated in higher education institutions in China, but in the process of opening this sport, the school has characterized it as an elective course [2].

In order to achieve the full and reasonable allocation of sports resources, many colleges and universities have not set up a baseball training ground, but in the course of the course, they occupy the football field and even the basketball court with a hard floor. The lack of such sports equipment can easily affect the quality of baseball teaching, and it is also easy to cause unnecessary sports injuries to athletes in the training process, thereby reducing the teaching level.

3. Countermeasure analysis of the problem of baseball teaching

In view of the main problems in the teaching of baseball, we should take scientific and effective measures to continuously promote the teaching innovation of baseball.

3.1 Build a scientific team of teachers to improve the quality of teaching.

In the teaching process of baseball, the professional quality of teachers should be continuously improved [3].

First of all, in the process of recruiting baseball teachers, we should appropriately raise the threshold and do a good job of screening and screening. Although China's baseball professional development foundation is weak, there are still many graduates of related majors. In the process of selecting a baseball teacher, the teacher of the major or related major should be given priority.

Secondly, to continuously improve the comprehensive quality of baseball teachers, the school sports department should strengthen the training of baseball teachers, continuously cultivate the professionalism and innovative spirit of baseball teachers, regularly organize baseball teachers to visit and study in other schools, and appropriately hire baseball full-time clubs. The full-time coaches come to the school to teach, not only pay attention to the assessment of the theoretical knowledge of baseball teachers, but also pay attention to the improvement and review of their teaching innovation ability.

Once again, the school should set up a sports seminar to place baseball sports in an important position, strengthen the interaction between school physical education teachers, and ensure that physical education teachers of different professions can communicate with each other in a timely manner, learn from each other, learn from each other's strengths, and effectively build a harmonious and harmonious relationship. The team of teachers to ensure coherence and closeness between different physical education courses and to avoid conflicts and contradictions between physical

education courses. In particular, in the course of students' selection of courses, teacher forums should be held in advance to balance the number of students in different subjects to ensure the number of students in baseball.

Thirdly, as a baseball sports teacher, not only should focus on improving their professionalism and professional knowledge, but also strengthen the promotion and promotion of baseball in and out of the classroom. As a baseball teacher, you should use your personal platform and use the platform of the class to promote the advantages and benefits of training and learning baseball to the people around you and to the students to enhance the influence and appeal of baseball in the students and enhance the students.

3.2 Combine theoretical textbooks to enhance the practicality and innovation of teaching materials.

In the teaching innovation of baseball sports, we should fully explore the theoretical guiding significance in the textbooks, and at the same time, we should closely combine the practice, closely combine the trend of the times, and constantly improve the innovation and practicality of baseball [4]. In the process of teaching, teachers should fully rely on the professional baseball teaching materials published by the National Editorial Board, and make full use of and grasp the teaching knowledge of standard movements and skill movements in the textbooks.

3.3 Innovate teaching by organizing games and implanting games.

Baseball is a highly engaged sport. In the process of teaching, if teachers still adopt the "one-to-many" teaching method of teaching textbooks, even through video teaching and observing teaching, it is still difficult to improve students. The interest in baseball is also difficult to test the level of learning in student baseball. In view of this, in teaching innovation, teachers can carry out teaching innovation in two ways [4].

1) Teachers can use the way of implanting games. This kind of teaching innovation is mainly aimed at the repetitive training of baseball basic sports. Some basic actions are constantly repeated, and it is easy to reduce students' interest in this action. Teachers can introduce some games appropriately, and put these important actions that need to be practiced repeatedly into the game. It is fun and educational, which not only can leave a deep impression on the students, but also will not cause students to train.

2) Teachers can also achieve the purpose of teaching innovation through organizing professional competitions and through regular competitions. When it comes to competitions, students' attention and students' participation will be greatly enhanced. In the formal competition, by competing with competitors, students can see their own deficiencies, and under the impetus of honor, they can encourage students to continuously improve their own level. For example, teachers can apply to the school sports department, organize inter-institutional competitions, inter-school competitions, and even sign up to participate in inter-provincial competitions, and even in the larger stage competitions.

3.4 Constantly update baseball sports teaching equipment and equipment.

In view of the fact that the current baseball sports teaching equipment and equipment are seriously inconsistent with current teaching needs and are seriously outdated, in order to achieve the purpose of teaching innovation, the teaching equipment and teaching equipment of baseball sports should be constantly updated. First of all, according to the school's own development plan to build a reasonable baseball stadium, to ensure that the development of baseball sports "have a place to do." Secondly, according to the actual situation of the school, combined with the development of the school baseball sport, timely purchase and supplement some new teaching equipment to effectively improve the efficiency of the equipment [5]. Finally, the school should also seek to work with relevant players in baseball to optimize teaching equipment through sponsorship.

4. Construction of college baseball course teaching system

4.1 Establish a new concept of baseball course in colleges and universities.

Teachers must correctly understand the complex links between various skills and tactics of baseball, and have a general grasp of the teaching content of baseball courses. They must make innovations and breakthroughs in the traditional curriculum mode. Combine baseball skills learning with baseball culture and baseball sports appreciation. Whether in the class or outside the classroom, a variety of teaching content systems need to be constructed to promote students' comprehensive knowledge and skills in baseball better and faster [3].

4.2 Establish a reasonable baseball course structure system.

In view of the disadvantages of the original baseball course structure, such as single, narrow, closed, lack of flexibility and pertinence, it is necessary to provide various types of baseball courses for students to meet different levels, different levels and different interests [2]. Provide students with as many guided baseball course settings menus as possible, and establish a curriculum system that is as rich as possible. Incorporate extracurricular baseball, sports training, sports clubs, and baseball culture courses into the baseball curriculum to form an in-class and out-of-class relationship.

4.3 Establish a graded teaching mode of baseball course.

Graded teaching is a kind of teaching mode in which students choose their own teaching classes at different levels according to their physical quality level, sports skill level, athletic ability and self-development goals.

The specific method are [6]:

1) On the basis of fully understanding the basic situation of students, formulate various levels of teaching plans and syllabus for baseball graded teaching, including teaching objectives, teaching content and evaluation criteria.

2) Extensively launching and actively publicizing, so that students have a comprehensive understanding of the basic teaching requirements, teaching content, teaching objectives and assessment criteria of all levels of baseball, in order to enable students to have an objective evaluation of their athletic ability, during the semester's stipulated time, special teachers will organize students to carry out special grade tests - "basketball ability rating", making it an important basis for elective courses.

3) Under the premise of syllabus and careful study of teaching materials, teachers should fully understand the actual situation of students at different levels, propose different teaching requirements for different situations, design corresponding teaching methods, arrange different teaching methods, and highlight their respective the focus of the study, the preparations for the class.

4.4 The baseball culture course offered.

The modern baseball culture not only retains the civilization, courtesy and elegance of the ancient baseball, but also enhances the popularity, openness and service of modern baseball civilization [4]. As we said before, baseball has its profound cultural connotation, which can cultivate the excellent quality of honesty and trustworthiness, modest and prudent college students, improve the self-cultivation of college students, unite and cooperate with the team, and strive for the spirit of hard work and hard work. Self-cultivation. The development of baseball has accumulated a lot of historical knowledge; the change of modern baseball venues, equipment and rules has made baseball contain a lot of cultural knowledge; the promotion of baseball professional events has made baseball possess a lot of economic knowledge, understanding of this knowledge and mastering can stimulate students' love of baseball.

4.5 Establish a baseball course online learning system to build a baseball course.

The online learning system is an important part of the curriculum construction. In the online course, "course resources", "course summary", "practical course", "theory course", "baseball treasure house",

“extracurricular club“ and “teacher-student interaction“ are established. "The content is for students to choose and learn." In the "Course Resources", the details of baseball facilities and baseball teachers are detailed, so that students have a comprehensive understanding of the software and hardware of the baseball course [5]. The establishment of “Practical Classroom“ provides students with a platform for online distance learning, where students can acquire the essentials of baseball basic techniques, action diagrams and action videos, which facilitates students to prepare and review basic techniques. The baseball class video enables students to listen to the teacher's meticulous explanations and learn at home as in the classroom. The same "theoretical classroom" provides baseball appreciation, baseball knowledge and information, giving students a platform for distance learning.

4.6 The grading evaluation and grading of the baseball course are used to determine the incentive mechanism for credits.

On the basis of grading teaching, scientifically and rationally formulate evaluation methods and evaluation standards at all levels of each project, and determine the credits available at each level, is a very important part of grading teaching [6]. The quality of standards and methods is directly related to the success or failure of graded teaching. After the syllabus of each level is determined, study and formulate the evaluation methods and standards at all levels. The evaluation criteria should make the levels have obvious grade differences, reflect the different levels of each level, and master the different levels obtained in their respective learning. Progress, the corresponding results that should be obtained, reflect the educational factors.

5. Summary

Baseball is a skillful and sporty sport and a fashion sport. In view of the shortcomings in current baseball teaching innovation, we should focus on improving the professional quality of baseball teachers, optimizing the theoretical and practical guidance of teaching materials, innovating teaching forms, and constantly improving the quality and level of baseball teaching equipment. Only in this way we can improve baseball comprehensively.

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